



MALAYALI HINDU MANDALAM



Newsletter



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Mahima

NEW YORK





Editoral

NITHYA NAIR

MAHIMA

A FAMILY OF CONNECTIONS, GROWTH, AND CULTURE

In today's fast-paced world, where interactions often feel fleeting and superficial, finding a community that celebrates both individuality and togetherness is a rare treasure. At Mahima, we are more than just a group; we are a family. It's a space where talent flourishes, where the richness of our culture is respected and shared, and, most importantly, where genuine friendships blossom.

From the moment you step into Mahima, you feel the warmth that comes from being surrounded by like-minded individuals who understand the value of connection. Here, your talents are not only recognized but celebrated. This nurturing environment allows everyone to showcase their abilities while encouraging continuous learning and personal growth.

The heart of Mahima lies in its commitment to cultural exchange. In a world that often seems divided, our organization stands as a bridge connecting diverse backgrounds and perspectives. Through events, workshops, and celebrations, Mahima honors traditions while inviting innovation and creativity. Many of us have found new passions and interests through these experiences, deepening our understanding of both our own heritage and the stories of others.

But perhaps the most enriching aspect of Mahima is the relationships that form within this community. When life throws challenges our way—be it academic pressures, career dilemmas, or personal struggles—our friends at Mahima are there to lend an ear, offer advice, or simply share a moment of laughter. These connections help navigate the complexities of life, offering advice, laughter, and guidance on various aspects of life. Mahima's community is not just about seeking guidance but also engaging in heartfelt conversations with people who care about their well-being. The transformative power of these friendships is evident, providing a sense of belonging and a network of support beyond the community. The community's ability to come together in times of need, sharing resources, insights, and encouragement, empowers everyone.

As Mahima continues to grow and evolve, its core values remain: inclusivity, respect for our diverse culture, and nurturing connections. As the organization continues to grow, it is essential to remember these core values and continue fostering an environment where everyone feels valued and empowered to shine in their unique way.

In a world that sometimes feels disconnected, Mahima serves as a beacon of hope, reminding us that we are stronger together. Let us celebrate our shared journey, lift each other up, and continue building bonds that make Mahima a true family. Join us in reaffirming our commitment to cultivating a vibrant community that honors our past, embraces the present, and looks boldly toward the future. Together, we can create a legacy of understanding, growth, and everlasting friendships, just as Mahima was destined to be.



From The President's Desk

Hi everyone,

As we enter this new year, I'm filled with anticipation about what lies ahead at Mahima! Thanks to the dedication of our outstanding members, we've made remarkable strides together.

Reflecting on our past successes, like the Mandala Pooja and Shivartri celebrations, I'm excited about the meaningful connections we've fostered within our Mahima family. We've also embarked on new initiatives, including a book club for kids and a newsletter, which I can't wait to see flourish!

Let's mark our calendars for some thrilling upcoming events: Famiely Fiesta on March 22nd, Family Night on March 29th, and Vishu celebrations on April 12th. I'm eager to see you all there and share in the joy these events will bring.

Thank you, and here's to our continued journey together!
MAHIMA President,
Purushotaman Panicker

From Secretary's Desk

Dear MAHIMA Members

We live in a world where our modern-day hypodermic needle is right at our fingertips—our smartphones. Every spare second is spent seeking stimulation, chasing instant gratification, and spiking our dopamine levels. This constant cycle has significantly compromised our attention spans, as well as those of our children, making it harder to focus on demanding tasks or enter a creative mindset.

The antidote to this addiction is reading.

Reading not only enhances knowledge, wisdom, and vocabulary, but it also fosters original thinking, unique perspectives, and overall mental well-being. While its benefits may not be immediate, they are profound and long-lasting.

With this in mind, Mahima has launched two initiatives for children: a book club and a newsletter. The book club encourages children to read and engage in thoughtful discussions in the classroom. The newsletter initiative gives them the opportunity to explore their interests and express their thoughts in a structured, coherent manner. By writing about topics they are passionate about, children can develop their creativity, critical thinking, and communication skills.

The success of these efforts relies on the involvement and encouragement of parents. At this important juncture, I urge all members to volunteer for this noble initiative and support Mahima's vision of fostering a love for reading, self-expression, and intellectual growth in our children.

Vinod Kearke
Secretary MAHIMA



“From the desk of Mahima Board of Trustees”

“A NEW CHAPTER UNFOLDS.”

“WELCOME TO MAHIMA’S FIRST NEWSLETTER”

Dear Mahima Family,

It is with immense pleasure that we introduce the inaugural issue of Mahima’s newsletter. This marks a significant milestone in our journey together, as we strive to foster a sense of community connection and communication among our members. As we embark on this new initiative, we reflect on the values that have guided Mahima thus far: compassion, inclusivity, and a commitment to the greater good. Our newsletter aims to embody these principles serving as a platform for sharing stories, experiences and ideas that inspire and uplift us. In this maiden issue, we bring you updates on our recent activities, upcoming events and initiatives that highlight the spirit of Mahima. We also invite you and the younger minds to contribute your thoughts, suggestions and feedback which will help shape the content and direction of our future newsletters.

We are excited to share this journey with you and look forward to your active participation. Together, let us build a vibrant community that celebrates our diversity, promotes understanding and fosters growth.

Thank you for being an integral part of Mahima.

Congratulations and Best Wishes to
Mahima for the New Initiative
“Mahima Newsletter”

“All power is within you; you can do anything and everything.”

Swami Vivekananda

With best compliments from Sudhakaran Pillai & Family

Warm regards,
Sudhakaran Pillai
Board of Trustees, Mahima



Favorite Restaurant

MY FAVORITE RESTAURANT IS
SMALL BATCH IN GARDEN CITY.
BHAVANI PILLAI



Small Batch is a cozy, intimate restaurant that prides itself on serving expertly crafted dishes made from the finest locally sourced ingredients. With a focus on small-scale production and personalized service, the menu changes seasonally to reflect the best of what is available. Guests can expect a unique dining experience, where each dish is thoughtfully prepared to highlight fresh flavors and innovative combinations. Whether you're stopping by for a casual dinner or celebrating a special occasion, Small Batch offers an inviting atmosphere where food and community come together in perfect harmony.

I love all their menu options, particularly the roasted salmon and braised chicken thighs, and my favorite dessert is the chocolate lava cake. They have a very friendly ambience to chill with family and friends. My dad loves their smash burgers, my mom is so obsessed with their grilled oysters and steamed mussels, and my grandma likes their seasonal salads and other vegetarian delights. They also have, weekend brunch and happy hour, and special offerings for holiday celebrations. We have been there a few times with my family and friends. Their prices are reasonable and value for money. To summarize, Small Batch is a good place to consider for family dining!



Super Bowl 2025

ROHAN NAIR



Super Bowl LIX (Super Bowl 59), held on February 9, 2025, in New Orleans, saw the Philadelphia Eagles beat the Kansas City Chiefs 40 to 22 and ended the Kansas City Chiefs' Super Bowl winning streak. The MVP this year for the Super Bowl was Jalen Hurts from the Philadelphia Eagles. Once the first half was over everybody knew that the Eagles would most likely win, since they were winning Chiefs- 0 Eagles- 24.

The half time performers were Kendrick, and SZA (who my sister was most excited about). They performed All the stars, Tv off, and Not Like Us. Super Bowl LIX set a viewership record, with 127.7 million people watching, including 14.5 million who streamed it. This victory gave the Eagles their second Super Bowl win, securing their place in NFL history.



Art Work



Nila Deepak
Age 11



Medha Deepak
Age 4



Egg Puff Recipe

AEKTHA NAIR



Egg puff is a popular snack in South India, and has become a favorite street food. The snack is a variation of the typical puff pastry, where a savory filling, often a hard-boiled egg, is enveloped in flaky, golden-brown pastry dough. Egg puffs were first introduced during the colonial era but at this time meat puffs were more common. Then as bakeries and sweet shops began to offer oven-baked pastries, the egg puff became very popular and spread very quickly. When home baking was growing people started to make them by themselves. Eventually it became a staple to have with tea.

I love egg puffs and every time we go to India. I always look forward to enjoying them. This is the recipe I use to make egg puffs at home.

Serving size 4 puffs

Ingredients

- 2 egg
- 1 large onion
- 1 teaspoon spoon chopped ginger
- 1 teaspoon spoon chopped garlic
- 1 tablespoon turmeric powder
- 2 teaspoon chili powder
- 2 teaspoon garam masala
- 2 teaspoon salt
- 1 1/2 teaspoon black pepper
- 1 teaspoon sugar
- 2 tablespoon ketchup
- 5 curry leave
- 2 tablespoon oil
- 1 pastry sheet (10in by 15in)

Step 1: Prepare the egg: Hard boil the eggs and peel them. Slice them into half long way. Put to side.

Step 2: Prepare the masala: Put oil in hot pan then fry sliced onion until golden. Add ginger, garlic, and curry leaves. Cook for 1-2 minutes. Add turmeric powder, chili powder, gram masala, salt, black pepper, sugar and ketchup. Mix well and let it simmer for 1-2 minutes. Turn off the heat and let the filling cool.

Step 3: Cut each puff pastry sheet into four equal quarters. Put 3 tablespoons of the onion filling on it. Place half an egg on top.

Step 4: Bring the corners together to form a pocket. Seal the sides completely.

Step 5: Place on a baking tray and bake for 15-20 minutes on 350 degrees or until the crust is golden

Step 6: Let them cool for 5-10 minutes before eating.

I'd love for you to try my recipe! Enjoy these delicious egg puffs!

Impact of the U.S Withdrawal of the Paris Agreement

NADINI RAMESH



WHAT IS THE PARIS AGREEMENT?

The Paris Agreement is an international treaty that focuses on reducing greenhouse gasses to help slow down the effects of climate change. Its goals include keeping global warming to below 2 degrees celsius, review countries' contributions to cutting emissions every five years, and help underdeveloped nations to adapt to climate change and help them switch to renewable energy. This agreement was enacted on November 14, 2016 after it was adopted at the UN Climate Change Conference in 2015. By encouraging global commitment of climate change the Paris Agreement positively impacted our society today. For example, it has helped bring the issues of global warming and climate change to the forefront of global politics. This newfound awareness has helped shifts toward clean energy ultimately being a major step to dealing with climate change.

WHY THE U.S WITHDREW AND THE NEGATIVE IMPACT

On January 20, 2025, President Donald Trump announced that the U.S. is leaving the Paris Climate Agreement for the second time but let's be real—it's a terrible decision. Trump says the agreement puts too many restrictions on American businesses and hurts the economy. In reality, all he's doing is protecting big oil companies while ignoring the growing climate crisis. Scientists and world leaders are furious, saying this move puts the planet in grave danger. Withdrawing could slow down the efforts to stop climate change and the U.S. should take responsibility as one of the biggest polluters. His administration has also implemented other policies that limit renewable energy projects and favor fossil fuel industries which prioritize industry over environmental protection and public health. All in all this huge step backwards will not only lead to eventual environmental harm but make this fight against climate change even harder.

ArdhaNareeswara

I drew this picture of Ardhanareeshwara; a deity in Hinduism, representing the mix of the masculine and feminine principles and energies. The name means "the Lord who is half woman and half man" and depicts the god Shiva and his wife Parvathi as one being. The purpose of Ardhanareeshwara is to tell us about the balance and harmony in life, showing that men and women can work together as one. The union of Shiva and Parvathi in this form signifies the inseparable nature of opposites and the ultimate unity of the universe. Om Namah Shivaya!



SHWETHA NAIR



Mahima Events 2025

Makaravilakku Jan 18



Parent Teacher Meeting Feb 1



Book Club Inauguration Feb 8



Mahashivarathi Feb 22



Laptop Inauguration Mar 8

Mahima Events 2025

Family Fiesta March 22



Get Ready for Fiesta!

PURUSHOTAMAN PANICKER

We are excited to share that our much-anticipated Fiesta event took place on March 22nd at the school, and it was a tremendous success! This vibrant gathering showcased the incredible things we can achieve together as a community.

Fiesta is an exciting quarterly celebration that honors everyone with birthdays and anniversaries. It promises to be a delightful occasion for kids and adults, fostering a wonderful spirit of community and togetherness.

You don't need to share your birthday or anniversary dates—just come and join the festivities! Whether you're celebrating a special milestone or simply looking to enjoy a fantastic day, we wholeheartedly invite you to be part of this joyful event. Don't forget to pre-register!

Our next exciting celebration will be held at the end of June for those celebrating birthdays and anniversaries in April, May, and June. We will also have another gathering in September for those celebrating in July, August, and September. Finally, let's not forget the grand finale celebration in December.

Please register your information using the link provided in our announcements.

<https://shorturl.at/HbO4B>





HOW TO BE A VISIONARY LEADER: LEARN FROM THE BEST



Arvind Krishna, CEO of IBM. / Shantanu Narayen, CEO of Adobe Systems. / Leena Nair, CEO of Chanel. / Sundar Pichai, CEO of Google and Alphabet. / Nikesh Arora, CEO of Palo Alto Networks. / Satya Nadella, CEO of Microsoft. / Jayshree Ullal, CEO of Arista Networks.

What Makes a Visionary Leader?

The top leadership style is based on having a clear and compelling vision of the future and being able to communicate it effectively to others. Visionary leaders have some common traits that make them stand out from other types of leaders.

Some lessons that we can learn from these visionary leaders are:

1. Have a clear and compelling vision that aligns with your values and passions. A vision should be specific, measurable, achievable, realistic, and time-bound (SMART).
2. Communicate your vision effectively to your followers and stakeholders. Use stories, metaphors, images, and emotions to convey your message and inspire action.
3. Be flexible and adaptable to changing circumstances and feedback. A vision is not a fixed destination but a dynamic journey that requires constant learning and improvement.
4. Be resilient and persistent in the face of challenges and setbacks. A vision is not easy to achieve and may encounter many obstacles and opposition. Learn from your failures and keep moving forward with optimism and determination.
5. Be humble and collaborative. A vision is not a solo endeavor but a collective effort that requires the support and contribution of others. Seek diverse perspectives, listen to feedback, acknowledge your limitations, and empower your followers.

How to be a Visionary Leader

You don't have to be born with a visionary leadership style to become one. You can develop your visionary skills by following these steps:

1. Find your passion: What drives you? What makes you excited? Finding your passion will help you discover your purpose and vision.
2. Think big: Don't limit yourself by what's possible or realistic. Think about what's desirable or ideal. Imagine how you can make a difference in the world.
3. Research: Learn from other visionary leaders who have achieved success in your field or industry. Read books articles blogs podcasts or watch videos about them. Find out how they came up with their vision how they communicated it how they overcame challenges how they measured their progress.
4. Write down your vision: Put your vision into words that are clear concise compelling.
5. Share your vision: Communicate your vision to others who can help you achieve it or benefit from it. Use stories emotions metaphors examples to illustrate your vision.
6. Set goals: Break down your vision into smaller manageable steps that you can accomplish in a specific time frame.
7. Take action: Don't wait for the perfect moment or opportunity to start working on your vision. Take action now even if it's small imperfect. Learn from your mistakes failures and celebrate your successes.

More Art

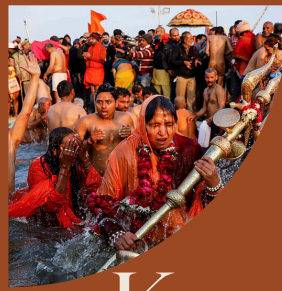


DEVIKA
KRISHNAKUMAR



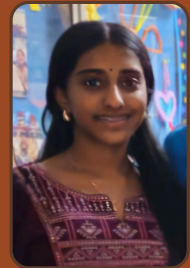
ADITHYA
NAIR





Kumbh Mela

NEHA NAIR



The Kumbh Mela is one of the biggest religious gatherings in the world, celebrated by Hindus in India. It takes place at four holy river locations: Prayagraj (where the Ganges, Yamuna, and Saraswati rivers meet), Haridwar (on the Ganges River), Ujjain (on the Shipra River), and Nashik (on the Godavari River). The festival happens every 12 years at each location, with a smaller version, called the Ardh Kumbh Mela, held every 6 years. The confusion with 144 years arises because the cycle of all four locations together is $12 \times 12 = 144$ years. So, if you were to look at the full cycle of the Kumbh Mela across all four locations, it would take 144 years for each individual location to be the site of the Mela once. But for each location, it is held every 12 years. People believe that bathing in the rivers during the Kumbh Mela washes away sins and brings spiritual blessings. Millions of devotees, holy men, and tourists attend, creating a colorful and spiritual atmosphere.

The Kumbh Mela is based on a Hindu legend about Gods and demons fighting over a pot (kumbh) of nectar that could give immortality. During the fight, drops of the nectar fell at the four places where the festival is held. Besides being a religious event, the Kumbh Mela is also a celebration of Indian culture and community. Temporary camps, hospitals, and markets are set up to welcome the huge crowds. During the Kumbh Mela, people take part in many religious activities like singing, praying, and listening to spiritual talks. One of the main events is the mass bathing in the river, especially on certain important dates. The festival is not just about religion—it also brings people together, showing the rich culture of India. Because of its huge size and deep meaning, the Kumbh Mela was recognized by UNESCO as a world cultural heritage event in 2017.

പണിപ്പുര

RAVI NAIR

എന്റെ മനസ്സിന്റെ മരുപ്പറമ്പിൽ
ഞാനൊരു നന്മമരം നട്ടുവളർത്തി
എന്നോർമ്മകൾക്കിരുന്നാടാൻ
ഞാനതിലൊരു കളിയുഞ്ഞാലു കെട്ടി
എന്റെ സ്വപ്നങ്ങൾക്ക് ചിറകടിച്ചു
പറക്കാനായൊരാകാശം നിവർത്തി
അവയ്ക്ക് കൂടു കൂട്ടാൻ ഞാനതിന്റെ
ചില്ലുകളിൽ സ്നേഹത്തിൻ നാരുകൾ കൂട്ടി

എന്റെ മനസ്സിന്റെ മരുപ്പച്ചയിൽ
ഞാനൊരു കൊച്ചരുവി തീർത്തു
എന്റെ മോഹങ്ങൾക്ക് നീന്തിത്തുടിക്കാൻ
ഞാനതിൽ ഓളങ്ങൾ നെയ്തു
എന്റെ ദാഹം ശമിപ്പിക്കാൻ
ഞാനതിൽ നീരുറവയൂറ്റി
എന്റെ ഗാനങ്ങൾക്ക് താളമേകാൻ
പാദസരങ്ങൾ അണിയിച്ചു

എന്റെ മനസ്സിന്റെ പൂവാടിയിൽ
ഞാൻ പല വർണ്ണത്തിലുള്ള പൂക്കൾ വിടർത്തി
അവയ്ക്ക് ചാഞ്ചാടാനൊരു
മന്ദമാരുതനെ കൂട്ടിനു വിട്ടു
അവയിലെ മധുവും ഗന്ധവും
നുകരാനായ് മധുപനോടു ചൊല്ലി
കുളിരു പകരും രാത്രിയിൽ കൂട്ടിരിക്കാൻ
ശാരദച്ചന്ദ്രനോടു പറഞ്ഞു

ഒടുവിൽ നോക്കിയിരിക്കെ ..

മരമുണങ്ങി അരുവി വരണ്ടു
പൂക്കൾ വാടി മധുപനും യാത്രയായി
മന്ദമാരുതൻ എങ്ങോ പോയ്മറഞ്ഞു
നിലാവും കാർമേഘച്ചുരുളിലൊളിച്ചു
സ്വപ്നങ്ങളും മോഹങ്ങളും
മാത്രം ബാക്കിയായി ..

MAHIMA: A home that stays with you.

TESSA (AMMU) KEARKE

I'm proud to say that I was—and still am—a product of Mahima. This community has given me a strong sense of who I am, connected me to my heritage, and taught me important values through our religious scriptures. But most of all, it has shown me the power of having a guru—a teacher—who helps guide us on our journey. For me, the people who helped shape my spiritual path are Vikram Uncle, Pooja Chechi, and Jyothi Chechi.

As I've grown older and started my own journey beyond Mahima, I've come to see these lessons as pieces of a puzzle—one I'm still trying to put together. Sometimes, the pieces fit perfectly, making everything feel clear and exciting. Other times, they don't seem to connect at all, leaving me confused and searching for the right way forward. And to be honest, I may never have all the pieces in place—but that's okay. The process of figuring it out is part of the journey itself.

There's a quote that resonates deeply with me:

"There are only two lasting bequests we can hope to give our children. One is roots; the other, wings."

Think of Mahima as your roots. It has given you a strong foundation—your identity, your connection to community, and the values that shape who you are. But your wings? That's what you do with what you've learned. Will it make you a better person? Will it inspire you to chase your dreams? Those answers are yours to discover.

Even as you step into new places, meet new people, and build new communities, remember this: Mahima will always be here for you. No matter where life takes you, you will always have a home here.

My Cancun Mexico Trip Experience

GOWRI NAIR



Ever been to Cancún Mexico? It's a lot of fun there! Me and my family went there with 3 other families as well which made it even more special. Ever since I step into the hotel, I knew this trip was gonna be amazing.

When we were about to land I saw the beautiful view of the ocean and so many trees. When I got out of the plane, it felt a little humid but I knew I was gonna love this hot weather because of how excited I was the past week to leave this cold state lol. When we were going to the hotel I saw a place that had such pretty water and I wanted to go there so bad. Little did I know I was gonna see a beach right next to our hotel that looked even better. When I walked into the hotel, I was welcomed with ice cream and I saw my cousins there. After checking in we went to our hotel room and we ate lunch. That's when I saw the pool and the beach which looked so nice. Then we decided to go to the pool because we all got excited after seeing it.

The next day we went to a buffet that had so much food for breakfast. After we ate we went to a place where you can lay down while watching the view of the beach and the pool since they're close to each other. Then we got ready to take pictures and we were all wearing white. We were at the beach for about an hour while it was so hot.

The next morning we all went to the boat and it took us to an island. When we got there the boat couldn't take us to the lower part of the water so everyone had to jump off the boat and swim across while holding onto a rope. As we got closer to the shore, everything became smooth again. The water was like no other. I knew I was not gonna see this ever again so I swam, splashed at people, and even float in the water until we had to go back.

The next day was our last full day until we go back to New York. We went parasailing! In the beginning I didn't want to do it because I thought I would have to jump off of something but it was much better than that. I just had to sit down and before I knew it I was up in the air looking at an amazing view of the city/lake. After that we went jet skiing. This was my favorite. My dad zoomed into the water and it was so fun. To tie it all up, this trip was one of the most memorable trips I've been on. This wouldn't be possible without my parents and other adults who helped to make this journey happen.

Hinduism: A Path to Inner Peace, Happiness, and Fulfillment

SABARINATH NAIR

Hinduism has the direct way to self realization and to moksha. Other religions too serve their purpose and are good, but they are much more indirect and work much more on blind belief rather than on faith and intellect. Hinduism has the freedom for you to choose your path, whether you want to base it on devotion, or on meditation, or on self-enquiry or all. The core reason behind me staying hindu is the darshana of Advaita Vedanta. It connects and joins all the dots of spirituality and you require both faith and intellect in this path. Faith is different from blind belief. Belief is ego-centric whereas faith is atman-centric.

Being a practicing Hindu offers numerous benefits, including:

1. **Spiritual Growth:** Hinduism provides a rich framework for spiritual growth, self-realization, and the pursuit of moksha (liberation).
2. **Cultural Heritage:** Hinduism is deeply rooted in Indian culture and tradition, offering a strong sense of identity and connection to one's heritage.
3. **Community and Belonging:** Participating in Hindu practices and rituals provides opportunities to connect with like-minded individuals, fostering a sense of community and belonging.
4. **Philosophical and Ethical Guidance:** Hindu scriptures, such as the Bhagavad Gita, offer timeless wisdom and guidance on ethics, morality, and righteous living.
5. **Mindfulness and Meditation:** Hindu practices like yoga, pranayama, and meditation promote mindfulness, inner peace, and mental well-being.
6. **Rituals and Traditions:** Hindu rituals and traditions, such as puja, havan, and festivals, provide a sense of structure and continuity, connecting individuals to their heritage and community.
7. **Personal Discipline and Self-Improvement:** Hindu practices like ahimsa (non-violence), satya (truthfulness), and brahmacharya (self-control) promote personal discipline and self-improvement.
8. **Connection to Nature:** Hinduism's emphasis on the interconnectedness of all living beings and the importance of living in harmony with nature promotes environmental awareness and responsibility.
9. **Inner Peace and Contentment:** Hinduism's focus on the pursuit of happiness and fulfillment through spiritual growth and self-realization can lead to greater inner peace and contentment.
10. **Legacy and Continuity:** Practicing Hinduism allows individuals to contribute to the continuation of a rich and ancient tradition, leaving a lasting legacy for future generations.

These advantages can enrich one's life and provide a sense of purpose, belonging, and fulfillment. Let us cherish and thank the divine for the precious opportunity to live as practicing Hindus. This beautiful journey brings us profound happiness and spiritual growth.



Down The Memory Lane

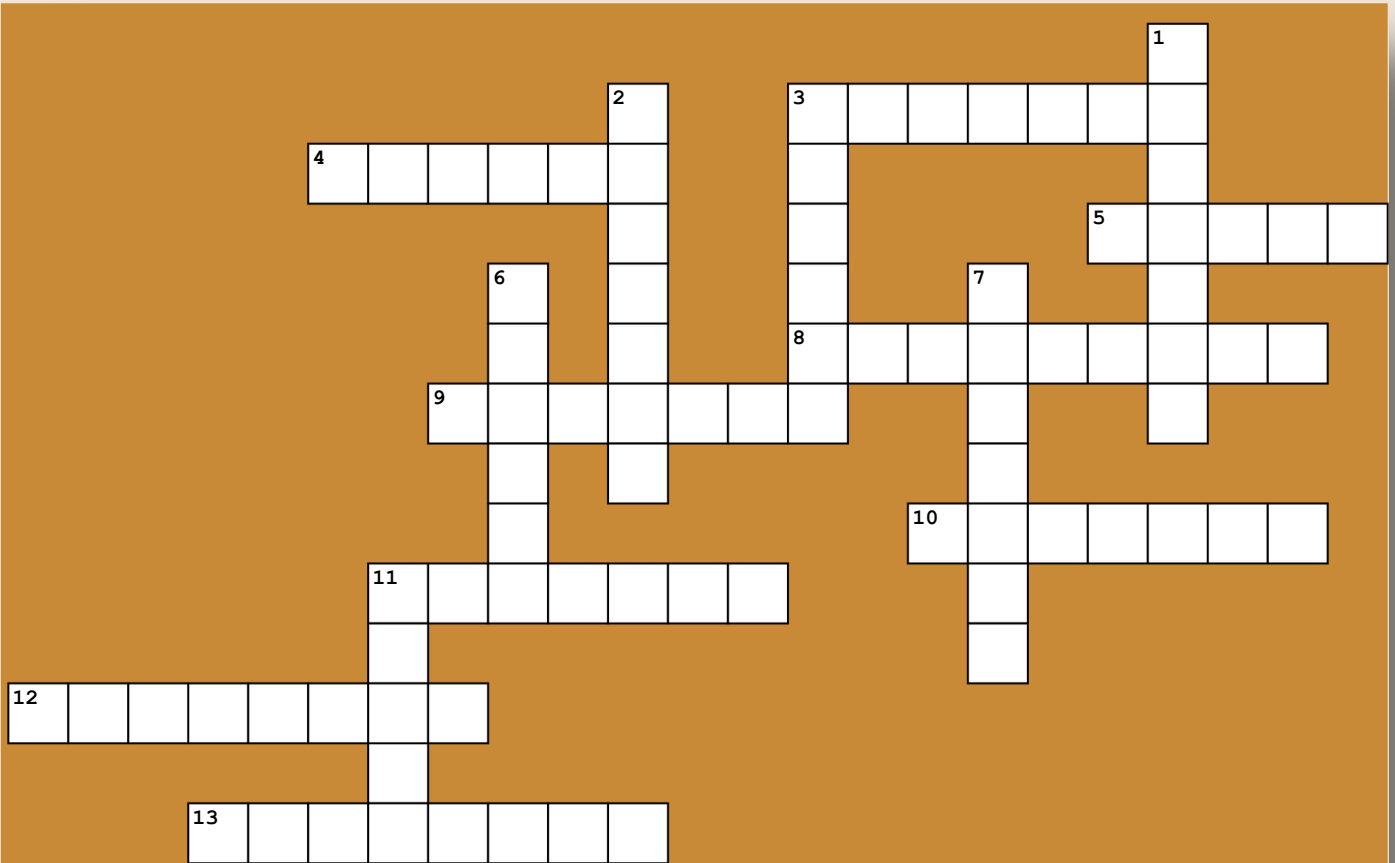
VIKRAMAN CHANGARATH

When Mahima started our religious classes in 2002, our classrooms were full. About 20 to 25 students attended classes every week, some coming all the way from New Jersey. We used to keep an attendance register. Over the years, we have provided religious classes to 250 plus of our children. Those children are now doctors, lawyers, husbands, wives, and mothers with children of their own. I don't even recognize many of them now. During our last year's family night, some guys greeted me with smiling faces. I did not know who they were until they mentioned their parent's name. That was a proud moment for me as well as Mahima organizers.

Our objective is to give our children basic knowledge of Hinduism. We want them to be leaders wherever they go. Most Hindu children attending colleges have no idea what Hinduism is all about. They want to celebrate Hindu festivals but do not know how. Mahima can be proud that some of our graduates have taken the leadership and helped celebrate our festivals in colleges. Become a leader, spread our religion and culture. Be a Tulsi Gabbard or Usha Vance or Vivek Ramaswami – all of them are practicing Hindus, who made it to the top.

Hinduism Crossword

Nithya Nair



Across

3. kingdom that Rama ruled
4. Liberation and release from the cycle of rebirth
5. warrior goddess of power and energy
8. nine planets
9. mother of Krishna
10. moon god
11. brother of Gandhari
12. wife of king Dhritarashtra
13. Krishna's brother

Down

1. set Lanka on fire
2. remover of obstacles
3. 3rd Pandava
6. righteousness and duty
7. goddess of wealth and prosperity
11. Sun God

Across: 3. ayodhya, 4. moksha, 5. durga, 8. navagraha, 9. yashoda, 10. Chandra, 11. shakuni, 12. gandhari, 13. balarama
Down: 1. hanuman, 2. ganesha, 3. arjuna, 6. dharma, 7. lakshmi, 11. surya

2025

MAHIMA



Office Bearers

Executive Committee

President: Purushothaman Panicker
914-473-1059
General Secretary: Vinod Kearke, Esq.
516-633-5208
Treasurer: Suresh Shanmughom
917-971-0871
Vice President: Sabarinath Nair
516-244-9952
Joint Secretary: Asha Nair
917-478-8142
Joint Treasurer: Renjit Nair
646-301-8922

Ex-Officio

Ravi Nair
516-589-3822

Special Invitees

Bahuleyan Raghavan
516-640-9978
Dr. Valsa Madhava
914-980-4700
Sahrudayan Panicker
631-839-1424

Special Invitees to BOT

Vikraman Changarath
631-374-9028
Dr. Geetha Menon
516-589-1262

Auditors

Padmakumar Nair
516-589-1261
Vinod Preet
516-424-1908

Youth Coordinators

Nithya Nair
Nandini Ramesh
Meera Lal
Veda Sabarinath



Executive Committee Members

Harilal Nair
516-754-4571
Ramesh Lakshmanan
631-903-2271
Raghunathan Nair
516-476-5367
Radhika Vijayakumar
858-208-9675
Satish Kalath
516-589-0669
Kiran Pillay
914-712-5146
Dr. Deepak Kana
412-496-7784

Board of Trustees

BOT Chair: Sudhakaran Pillai
516-502-8822
BOT Vice Chair: Dr Unnikrishnan Thampi
516-395-1835

Members:

Raghu P. Nair
646-285-2898
Mahadevan Sarma
718-288-2209
Babu Uthaman
516-603-2723
Shibu Divakaran
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Raju Nanoo
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Thamara Rajeev
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Dr. Radhakrishnan Palangat
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Kochunni Elavanmadon
914-621-1897

MAHIMA

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MAHIMA Office Bearers 2025

Executive Committee



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Bio: (Will be updated in the next edition of Newsletter)



General Secretary: Vinod Kearke, Esq. 516-633-5208

Bio: (Will be updated in the next edition of Newsletter)



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Youth Coordinators



Veda Sabarinath

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Nithya Nair

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Bio: (Will be updated in the next edition of Newsletter)



Kochunni Elavanmadon

914-621-1897

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Vikraman Changarath

631-374-9028



Dr. Geetha Menon

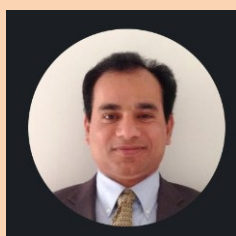
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edition of Newsletter)